

**Amendments to the Specification:**

On page 4, lines 1-10, please replace the paragraph with the following amended paragraph:

At the onset of a migraine headache, at least three ounces of hot water is prepared. The water is made sufficiently hot for brewing tea. After heating, the three ounces of hot water is then poured into a suitable cup 45. The two to three tea bags 15, 16, 17 are then removed from the shipping container 20 and steeped in the cup 45 for ten to thirty seconds. The tea bags 15, 16, 17 are removed from the cup 45 and the two aspirin tablets 24, 25, one to two teaspoonfuls of apple cider vinegar 30 and one to three teaspoonfuls of honey 40 are then added and mixed thoroughly to form a hot concentrated composition. The entire composition 60 is then poured over a second glass or cup 70 filled with four to six ounces of ice 75 to dilute the composition and to quickly chill the liquid composition 60 for rapid consumption. The chilled, diluted ~~mixture~~ composition 60 is then rapidly drunk.

On pages 4 and 5, lines 17 – 7, please replace the paragraph with the following amended paragraph:

Also disclosed herein is a method for treating migraine headaches comprising the following steps:

- a. selecting a kit 10 containing at least three bags of black pekoe tea 15, 16, 17, two 325mg aspirin tablets 24, 25, at least one teaspoon (5 mls) or tablet of apple cider vinegar 30, and at least one teaspoon (5mls) of honey 40;
- b. heating at least two ounces of water until sufficiently hot for brewing tea bags;
- c. brewing at least two said bags of black pekoe tea 15, 16 in said hot water 50;
- d. removing said bags of black pekoe tea 15, 16 from said hot water 50;

1 e. adding said aspirin tablets 24, 25, said apple cider vinegar 30, and at least one  
2 teaspoon of said honey 40 to said hot water 50 to ~~form~~ create a concentrated ~~mixture~~  
3 composition 60;

4 f. selecting a cup 70 containing ~~with~~ two to six ounces of ice 75;

5 g. pouring said concentrated ~~mixture~~ composition 60 into said cup 70 to dilute  
6 and cool said concentrated ~~mixture~~ composition 60 for rapid drinking; and,

7 h. rapidly drinking said concentrated composition 60.

8 On page 5, lines 8-10, please replace the paragraph with the following amended  
9 paragraph:

10 The main advantage of the kit 10 is its portability and the convenience of having all of  
11 the ingredients on hand for effectively treating a migraine headache. The entire concentrated  
12 composition can be made quickly and without error by the migraine sufferer.